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## Dr. Larra Shah – An Expert in Holistic Sciences

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Dr. Larra Shah is an Aura Therapy Expert, researcher & practitioner in Vedic Therapies and Natural Medicine. A post graduate in alternate medicine and natural science from Indian Board of Medicine, Dr. Larra is a natural healer with inborn Intuitive Instincts

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A portrait of Dr Larra Shah

and an advisor for the early part of her life, she realised her gift for an extraordinary level of heightened awareness, allowing her to see auras, spaces, futuristic events, and past history of human beings. She also aced her expertise as a

Certified Yoga Teacher. She conducts corporate, individuals and children training with the science of Mudra Yoga and Mudra Meditation.

She has founded "Wisdom Living™" an international, educational and humanitarian organization. Its all-embracing educational and self –developing programs offer powerful techniques and tools to eliminate stress and foster abundance and wellbeing. Appealing not only to specific people inhabitants, these practices have been proven effective globally and at all levels of society.

Larra uses her 'all-embracing knowledge' to empower people to achieve their full potential in their journey towards Personal and Spiritual growth. She has interacted with the crème de la crème of the society in India, U.S.A., U.K. and U.A.E.. She has worked closely with leading athletes, business leaders, and movie stars like Farah Khan, Hema Malini, Arjun Rampal, Gauri Khan and various walks of life. Her contribution to society did not go unnoticed as her

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achievements have been felicitated nationally. She was felicitated in February 2016 at FICCI Delhi by the Women Empowerment Summit. She received a Gold Medal for her research on EMR and its effects in 2015 by Indian Board. Larra has not only impacted society but has also been a role model to many.

Dr. Larra Shah's popularity led her to bigger things as she presented her own Television show "Bollo Tara Lara" that ran for over 64 weeks on India's leading news channel "Star News". She is also remembered for hosting a popular morning radio show in Dubai. Dr. Larra has also authored her first book titled 'Miracle Cards' which was released in 2009. The book is a 'Do It Yourself' insight into day- to- day living for life's Questions. After receiving an overwhelming response for the first book, she is currently working on her second instalment titled, 'The Miracle Book', which provides solutions to a better life.

Over and above this Dr. Larra has designed a holistic module SECRETS TO "THE SEVENTH SENSE" – SEVEN STEPS TO WELLNESS <sup>TM</sup> for those seeking professional and personal excellence, she conducts consultations and workshops for Individuals, Children as well as Corporates with an established client base in North America (USA & Canada), EMEA (UK, Italy, Belgium, UAE & South Africa), South East Asia (Malaysia & Singapore) and India.

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---

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For the last twenty five years, she worked relentlessly for rural development and thus formed MAI International Foundation, where she works as a social enterprise dedicated towards the grass root level for development.

Larra will be in Vancouver from June 21<sup>st</sup> to June 28<sup>th</sup> and will be hosting 1 on 1 sessions as well as group workshops for those seeking professional or personal improvement. For more information about Dr. Larra Shah and her services at Ohmkriyaa, please visit her website: <http://www.larrashah.com/home.php>

Larra's contact information is below:

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USA Toll Num: 1-877-493-5052

Email: [energy@larrashah.com](mailto:energy@larrashah.com)

She will also be one of the main guests at the Second International Day of Yoga Celebrations on June 25<sup>th</sup>, 2016 at the Segal School of Business, SFU Vancouver campus (500 Granville Street, Vancouver, BC) from 9am -12:00pm.

For media enquiries, please contact Paarull JS Bakshi at [paarullb@gmail.com](mailto:paarullb@gmail.com) or call 604-318-4913